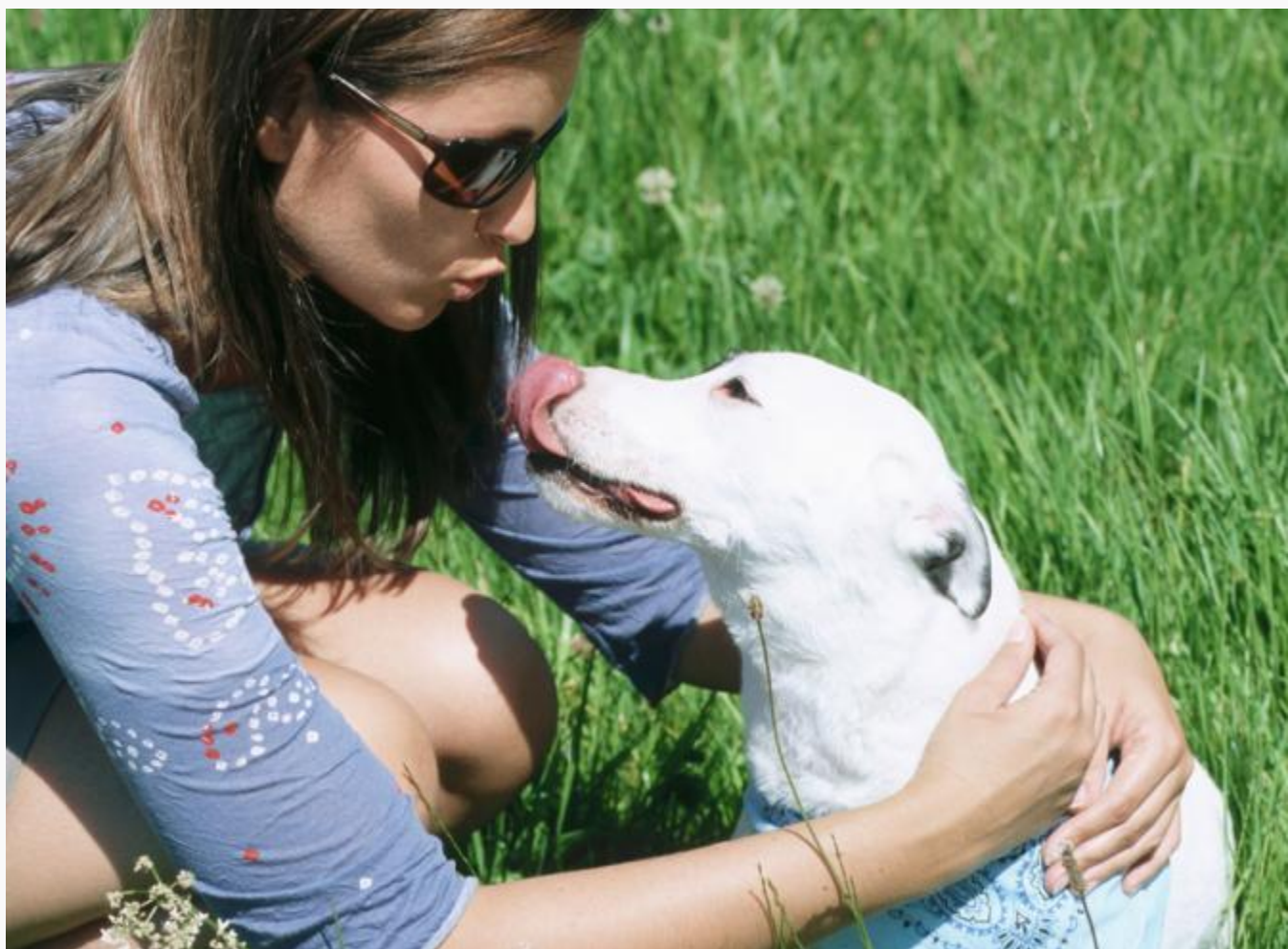


Does Your Pet Need an Animal Communicator?

BY JENNIFER ANGEL

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Learn how to build a better bridge of communication between you and your pet.

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How much does your pet really understand? Does that funny little look he gives you indicate that he understands everything you say, or maybe some of it? Or perhaps he or she just feels comforted and connected when looking into your eyes?

I recently interviewed pet psychic and animal whisperer Ellen Lance of Ask My Pet for advice on how best to work with an animal communicator and how to build a better bridge of communication between you and your pet.

Jennifer Angel: When did you first discover that you could communicate with animals?

Ellen Lance: I had a dog when I was a child, but never dreamed that it was even possible to communicate with him. Learning Transcendental Meditation to cope with the stress of losing a family member when I was 17 sparked an unanticipated, decades-long interest in spiritual growth. Along my journey, I discovered that I could tune into and communicate with animals.

My first direct encounter happened unexpectedly when a cat started to complain to me about its owner. The cat didn't seem surprised I could hear her, but I was shocked. I had already received visual images from my own cats that challenged my personal assumptions about interspecies communication, but that particular auditory experience was undeniable.

I then began to experiment by talking with other people's pets. Owners would inevitably say, "How could you possibly know that?" Eventually someone asked to hire me to communicate with her pet and I thought, "Why not?"

JA: What happens when you communicate with an animal. How does it work?

EL: Prior to a session, I request a picture of the animal from its owner so that I can locate that pet energetically in order to establish a line of communication.

I explain to the pet why I am there and let it talk. Then in a subsequent telephone session with the owner, I act as their go-between. A dog recently described what he and I were doing as "trading thoughts." He was absolutely right!

JA: Do you need to physically be with the animal to talk to them? And are there instances where physical contact is better?

EL: Most of my sessions are by telephone. Since I'm communicating telepathically with an animal, distance and physical contact are irrelevant. I had one session where the client was in California while her dog was in Taiwan, for example, and it worked beautifully. Another time, it was helpful for me to put my hands on a pit bull which had been attacked by another dog so that I could move the residue of that trauma through his nervous system. The next day the owner reported that her dog was back to his normal, outgoing self.

Generally, however, I find that it better not to be in the physical presence of the animal as it simply acts as a distraction for both of us.

JA: What animals do you work with?

EL: Mostly dogs and cats, but I've worked quite successfully with rabbits, hamsters, birds and horses, too. I get the biggest kick out of working with rabbits and hamsters because I'm amazed that they've got so much going on!

JA: What type of preparation does a pet owner need to do?

EL: I offer a free 10-minute telephone "meet and greet" so both the owner and I can assess if it makes sense to work together.

It's also helpful for an owner to understand what we do before scheduling an appointment. We're popularly referred to as "pet psychics" but that term is a bit of a misnomer. We are communicators. We are not in the business of predicting what your pet will be doing a week from now. Nor are we a substitute for veterinarians. If your animal is sick, say so. Mention any other animals in the household, too, as it could have an effect on what is going on.

Withholding relevant information to "test" the animal communicator tends to interfere with a session's natural flow. It will be evident early on if the communicator is actually talking to your animal without resorting to such tricks.

The best sessions are when someone understands that we are partners mutually focused on their pet's well-being. That's when the magic happens!

JA: What are some of the typical reasons why someone would ask you to talk to their pet?

EL: Pet behavioral problems are the primary reason people seek my help. I often work with owners who are puzzled by a rescue pet's lingering emotional scars or need help to resolve a pet's antagonism towards a girlfriend or boyfriend, another pet, or a new baby.

By the time an owner contacts me, he or she is often at wit's end and can't help but make their animal "wrong" for whatever behavior is frustrating them.

I come in at a different angle: I talk to the animal about what's going on from the animal's viewpoint. I work with them ways that invite them to change. I can't force them to, of course, but most pets really do want to please their owner and are therefore willing to try.

JA: Can you communicate with pets that have passed on?

EL: Yes. Whether a pet is occupying a body or it has vacated one, consciousness persists. A transitioned pet session is taxing for me, but it can provide comfort and closure to the pet's owner.

JA: What other services do you provide?

EL: The tools I use vary depending on what an animal needs. A typical session can include pet-to-owner conversation and, if there is time, a light emotional clearing process designed to release an animal from an upset it may be clinging to.

During sessions of 30-minutes or longer, I also test an animal's energy field against flower essences designed to address various behavioral or physical challenges. These non-medicinal drops can be put in the animal's water or food. I don't sell these essences. Instead, I simply identify which ones are a match for an animal (and why) and send the owner a list afterwards. These post-session tools gradually and gently work on an animal's electrical system to help that pet make or reinforce the inroads desired.

For complex behavioral issues that need specialized, longer-term attention, I offer emotional clearing sessions which combine energy work and communication. I also provide an alternative healing energy technique called "Reiki" at an owner or pet's request.

JA: How many sessions do you suggest for a pet typically to resolve an issue?

EL: It depends on the animal and upon what we're addressing. Straight conversation about the owner going on vacation or seeing if a pet wants a companion, for example, can be handled in 20-minutes. Behavioral issues usually require a minimum of 30 to 40 minutes per pet.

JA: Do pets want to, or try to, communicate with their owners?

EL: Yes! Animals take things personally. They often tell me they've tried to communicate something repeatedly and can't understand why the owner is ignoring it. Clarifying an owner's misconstrued actions or behavior is where a communicator like me comes in handy.

JA: What do animals want their owners to know most?

EL: Every animal I've ever talked to wanted its viewpoints considered. When an owner does so, everyone thrives.

JA: How can people build a better bridge of communication with their pet?

EL: Whether you believe in pet communication or not, start by entertaining the notion that interspecies communication is possible.

Cultivating stillness via meditation or physical exercise that gets you "in the zone" will make you a better perceiver. Pay attention to any mental pictures and thoughts that come up in relation to your pets. Many animals mentally propel images to communicate. They will train you, if you let them!

Ellen Lance of Ask My Pet is an internationally-renowned, 5-star rated (Yelp, Google +) pet psychic/animal whisperer. Over 1.5 million YouTube viewers have watched her conduct animal communication sessions. Ellen specializes in phone consultations and she can be contacted through her site at askmypet.com